|  |
| --- |
| **Continuous Grip Strength** |
| Time Interval | Mean grip strength (N) | EMG dataMax (mV) Min (mV) ∆mV |
| 0 – 20 s | 158.1 | 2.909 | .01762 | 2.891 |
| 20 – 40 s | 118.2 | 2.301 | .2866 | 2.014 |
| 40 – 60 s | 108.6 | 2.323 | .3288 | 1.994 |
| 60 – 80 s | 112.1 | 2.302 | .3023 | 2.000 |
| 80 – 100 s  | 116.2 | 3.154 | .3565 | 2.797 |